

RESTAURANT
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BAR & LOUNGE HANDBOOK



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Welcome to the essential guide on cocktail making, an integral part of bar service. Cocktails are more than just alcoholic beverages; they represent the sophisticated art of mixology—the craft of blending flavors meticulously.

FOUNDATIONAL PRINCIPLES & TECHNIQUES:

Crafting cocktails demands precision to achieve the desired taste. A jigger is crucial to measure ingredients accurately, ensuring perfect proportions. Below are the essential tools and their respective illustrations required for making cocktails:

- Glass Types: Tumbler, Martini, Old Fashioned, Collins, Margarita, etc.



- Jigger: For accurate measurement.
- Mixing Spoon: For stirring.
- Mixing Glass: For combining ingredients.
- Shaker: For mixing cocktails by shaking.
- Cocktail Strainer: To strain mixtures.
- Blender: For blending ingredients.



Mixing Techniques:

There are 4 different methods.

1. Directly in the Glass:

- Place ice cubes in the serving glass.
- Add ingredients as specified in the recipe, observing the correct measurements.
- Stir with the mixing spoon.
- Add soda if required and garnish.

2. Using a Mixing Glass:

- Start by adding ice cubes to the mixing glass.
- Use a strainer to drain the ice.
- Add ingredients and stir well.
- Strain the mixture into the serving glass and add decorations.

3. In a Shaker:

- Fill the shaker with ice cubes.
- Strain the ice, then add the ingredients.
- Seal and shake vigorously for about ten seconds.
- Strain into the serving glass, decorate, and serve.

4. Using a Blender:

- Combine ice cubes and diced fruit in the blender.
- Blend briefly.
- Pour into the serving glass and garnish.

5. Using the Throwing Technique:

- Fill a mixing glass with ice cubes.
- Add the specified ingredients.
- Using two mixing vessels, pour the contents back and forth from a height, aerating the liquid.
- Continue the process to chill and dilute the mixture effectively.
- Strain into the serving glass and add any final garnishes.

Notes

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